



# **RICHMOND CENTRE FOR DISABILITY**

## **THE DUKE OF EDINBURGH'S AWARD CHALLENGE**

### **Fact Sheet**

#### **ABOUT THE AWARD**

The Duke of Edinburgh's Award is a self directed development program for young Canadians age **15 to 25**.

- Activities that you can do in your spare time
- Three award levels to achieve – Bronze, Silver and Gold
- Four program area – Community Service, Skills, Physical Recreation and Adventurous Journey

## **Take the Challenge... Live the Achievement**

#### **WHAT IS DOE AND HOW TO GET THE MEDAL?**

The DOE Award is a program that encourages youth to be active, to participate in new activities and pursue current interests in four different areas. All you have to do is choose one activity that is of interest to you in each of the four areas of the program, set a personal goal and then work to achieve it.

#### **Community Service:**

Be a local hero by providing volunteer service to others and your community.

#### **Skill Development:**

Do something different; develop a personal interest, social or practical skill.

#### **Physical Recreation:**

Gain a sense of achievement and good health through physical activity. Virtually any sport, dance or fitness activity can count.

#### **Adventurous Journey:**

Go on an expedition and find yourself! Develop self reliance by planning, training and completing a journey of discovery.

## HOW LONG WILL IT TAKE?

Each of the three Award levels has a set length of time.

- Bronze: at least 6 months to complete
- Silver: a minimum of 12 months to complete
- Gold: a minimum of 18 months for direct entry (12 months if achieved the Silver Award)

## HOW DO I START WITH THE RCD'S DOE AWARD CHALLENGE?

1. Register with RCD Youth Engagement & Achievement (YEA) Project's DOE Award Challenge; registration form can be obtained from RCD Office or downloaded from the RCD website ([www.rcdrichmond.org](http://www.rcdrichmond.org))
2. Attend an interview to qualify for participation
3. When accepted, join the Award Challenge officially
4. Obtain a DOE record book to log your activities and time commitments
5. Determine the activities that you are going to do in the four Award sections with an assessor; RCD will assign specific mentors to monitor progress for each Award section

### Important Notes:

- RCD DOE participant must be a member of the RCD Youth Engagement & Achievement Project
- Registration fee with RCD: \$100, fee does not include any individual or personal expenses for achieving the medal
- Only start recording your hours upon registration
- All activities logged require a signature of validation by an assessor

## THE ROLE OF RCD

- The RCD is an Award Group supporting their members to attain the DOE awards
- RCD staff will be responsible for planning the endeavour, including the expedition; as well as serve as an information resource
- The RCD will assign staff or volunteer members to assume the following duties:
  - Mentor for Community Service
  - Mentor for Skill Development
  - Mentor for Physical Recreation
  - Mentor for Expedition
- Peer mentors will be recruited to assist individual participants
- Monthly meeting, other than special purpose meetings, will be held regularly every month to monitor participants' progress